

UNIVERSITY OF LUCERNE

The **Division of Clinical Psychology** (Prof. Andrew Gloster) of the **University of Lucerne** investigates determinants and interventions of mental health across various settings, age groups, and target populations. Our focus is on the personalization of interventions, within a transdiagnostic framework. Methodologically, we utilize digital interventions, clinical trials, as well as ambulatory and experimental methods.

As of **1 November**, or by agreement, we are looking for **two**

Research Interns in Clinical Psychology (20%)

As an intern, you will be an active member of our research team and contribute to ongoing research projects. Your tasks include supporting the planning and implementation of empirical studies, such as preparing study materials, recruiting participants, or preparing, collecting, and managing data.

You will work on one or both of the following research projects:

Project 1 – Therapy processes across psychotherapeutic approaches: This project investigates which psychological processes (e. g. affect, cognition, motivation) are targeted across different psychotherapeutic approaches (e. g. Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, Emotionally Focused Therapy). The aim is to gain a better understanding of which psychological processes therapists focus on during psychotherapy sessions, whether this differs between different psychotherapy approaches, and how these processes align with commonly used outcome measures in psychotherapy research. As an intern, you will prepare psychotherapy transcripts and support their analysis using AI-based methods to identify and compare the processes. You will assist in the preparation, review, and interpretation of data, gaining insight into various stages of research.

Project 2 – Psychological flexibility and prosocial behavior under stress: This project investigates whether brief interventions promoting psychological flexibility can buffer the effects of acute physical, emotional, or social stress on prosocial behavior. Participants complete a brief intervention or control task, are exposed to one of several stress conditions, and subsequently take part in an economic decision-making task. As an intern, you will support study preparation, participant recruitment, data collection, and data management, and may also conduct the brief psychological flexibility interventions with participants.

Requirements:

- Started studies in psychology
- Interest in clinical psychological theory and its application
- Interest in research methodology and statistics
- Good English and German skills
- High dependability, conscientiousness, and ability to work independently
- Strong willingness to learn and good communication skills
- A prosocial, team player, with very good people and organizational skills

What we offer:

- Insight into clinical research and the planning and execution of scientific studies
- Insight into the organization of a university department

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- Gaining initial experience in scientific research
- Flexible working hours
- Facilitation to national and international networks

Please be aware that no financial compensation is provided for this internship.

In the interest of increasing the proportion of women in research and teaching at the University of Lucerne, applications from women are expressly encouraged.

Please submit your application (Motivation letter, CV) via email to julia.schmid@unilu.ch.

Applications will be accepted until October 15, 2026, or until the position is filled. Interviews will be conducted on an ongoing basis.

For further information, please contact Dr. phil. Julia Jeannine Schmid, +41 41 229 57 46, julia.schmid@unilu.ch.